

A project of Volunteers in Asia

Better Farming Series No. 3, The Plant: The Flower

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the plant

the flower

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The plant

The flower

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PREFACE

This manual is a translation and adaptation of "La plante – la fleur," published by the Agri-Service-Afrique of the Institut africain pour le développement économique et social (INADES), and forms part of a series of 26 booklets. Grateful acknowledgement is made to the publishers for making available this text, which it is hoped will find widespread use at the intermediate level of agricultural education and training in English-speaking countries.

The original texts were prepared for an African environment and this is naturally reflected in the English version. However, it is expected that many of the manuals of the series – a list of which will be found on the inside front cover – will also be of value for training in many other parts of the world. Adaptations can be made to the text where necessary owing to different climatic and ecological conditions.

Applications for permission to issue this manual in other languages are welcomed. Such applications should be addressed to: Director, Publications Division, Food and Agriculture Organization of the United Nations, Via delle Terme di Caracalla, 00100 Rome, Italy.

The author of this English version is Mr. A.J. Henderson, former Chief of the FAO Editorial Branch.



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PLAN OF WORK

FIRST WEEK

The flower.

Read pages 4 to 13.

- Take a good look at the flowers where you live.
- If the okra, hibiscus, cotton and groundnuts are not in flower, look carefully at the drawings. Make sure you recognize the male and female organs in the flowers.
- In this course there are some new words. Learn them well. Then you will follow the rest of the course more easily.

SECOND WEEK

The reproductive organs. Fertilization.

Read pages 10 to 15.

- This means you will study once more pages 10 to 15 on the reproductive organs.
- Make an effort to understand these pages, to look carefully at the flowers and the drawings.
 It is very important to understand ferilization fully.
 If necessary, go over it again.

THIRD WEEK

The fruit. The seed. Germination.

Read pages 16 to 21.

- To help your memory, read again pages 10 to 15.
 They explain how fruits and seeds are formed.
- In learning how the germ grows, you will understand why it is necessary to sow seeds with great care.

FOURTH WEEK

Seeds and sowing: choosing, practical advice, storing.

Read pages 22 to 28.

What you learn this week will be useful in all your work.

- Read again with care the whole course (especially pages 10 to 15).
- Answer the question paper.
 Try to answer the questions without looking at the course.
 Then look at the course to see if you have given the right answers.

WHY WE STUDY THE FLOWER, FRUIT AND SEED

You want to understand what you are doing.

You don't want to work like a machine.

 You sow seed in order to get a good harvest, but you want to understand how the flower produces the fruit, how the fruit produces the seed, how the seed produces the plant.

You want to know how the plant reproduces itself.

You want to understand

why you must choose good varieties, selected seed; why you must disinfect seed; how you can best store the harvest.

We must study the flower, the fruit and the seed in order to understand them better and to get good harvests.

THE FLOWER

Where is the flower?

The stem bears buds (see Booklet No. 2, page 12). The buds produce leaves or flowers. Often the flowers are between the stem and the leaf.



How flowers are made

All the plants you grow have flowers.

 The cotton flower is like the hibiscus flower.

There are flowers which are alike; they belong to the same family.

 The cotton flower is not like the maize flower.

> There are flowers which are different; they do not belong to the same family.

 The flowers of rice, maize, sorghum are pressed close together round an axis, a main stem.
 They make a spike.

The flowers of coffee and hibiscus are not pressed close together.

 There are flowers of all colours: reds, yellows, violets, greens, greys.

For instance, grass flowers are green.

. . . .



Let us look at a groundnut flower.





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THE STAMENS AND OVARIES These are the most important parts of a flower. Let us now look in more detail at each of these parts. This will help you to understand the rest of the course. • The male organs. Each stamen consists of a thread with a little bag at the end. In this little bag there is a yellow powder. This is polien. If you touch the stamens of a flower, pollen sticks to your fingers. Pollen is produced by the stamens. Not all flowers have the same number of stamens. Stamens The hibiscus flower has many stamens. A hibiscus flower The groundnut flower has ten stamens.

At the top of the maize stem there are many flowers.

Each male flower of maize has three stamens.



The pistil of the female flowers of maize (see page 9) is highly developed.

- On the female flowers of maize you can see many pistils (they look like hairs).
- At the end of each pistil there is an ovary that produces a seed. If you cut off the pistils, there will be no seed.

THE PROTECTIVE ORGANS

Take a hibiscus flower.



Hibiscus flower seen from below

When the flower opens, the petals come out of the calyx.

The calyx and the petals protect the inside of the flower.

SUMMARY

A plant flower has always: a male part — the stamens; a female part — the ovary; around these two parts — the protective organs.

Stamens and ovary can be in the same flower, for example, hibiscus, okra, cotton, pimento, tomato, tobacco.

Stamens and ovary can be in different flowers. Then there are male flowers and female flowers, for example, in maize and oil palm.

Stamens and ovary can be in different flowers and on different plants.

In the papaya tree, the male flowers and the female flowers are not on the same tree.

There are male papaya trees and female papaya trees. Only the female papaya trees bear fruit.

The male papaya trees cannot produce fruit, but sometimes papaya trees that have male flowers do produce fruit.



What the flower does

Flowers have male organs and female organs. The union of pollen and ovule produces a seed. The seed can produce a plant.

FERTILIZATION

• How does the union of pollen and ovule take place?

The stamens produce pollen. The pollen is very light. Wind or insects can carry it a long way. The pistil hairs are moist. Pollen sticks to them. The pollen germinates in the pistil

as a seed germinates in moist earth.

The pollen penetrates inside the ovary and into the ovule.

The ovule is fertilized.



Coffee flower cut in half

Fertilization is the union of pollen and ovule.

If the flower dries up before the pollen arrives, there is no fertilization. When the pistil is dry, the pollen cannot germinate.

A very dry wind, for instance, can prevent fertilization and reduce the harvest.

After fertilization the ovary and the ovules swell. The ovary becomes the fruit. The ovules become seeds.

If the ovary has only one ovule, the fruit will have only one seed, for instance, mango, avocado.

If the ovary has several ovules, the fruit will have several seeds, for instance, orange, papaya, bean, coffee.



The two ovules have produced two seeds



Coffee fruit

... cut in half

THE FRUIT AND THE SEED

Plants are not all alike,

Roots, stems, leaves, flowers are different. The fruits too are different.

The mango, cocoa pod, grains of maize, the avocado, papaya and cotton boll are all fruits. But they are not alike.



MANGO

The fruit of the mango is covered with a hard skin.

The flesh is underneath this skin.

It comes from the ovary of the flower. It is yellow, juicy, good to eat. It covers the seed.

The seed is big and hard. It comes from the ovule of the flower. It contains a germ.

In the ground the germ can produce a mango tree.



It is yellow, juicy, good to eat.

Each seed contains a germ.

In the ground the germ can produce a papaya tree.



SUMMARY

The flesh of the papaya and the mango, the shell of the groundnut and the husk of rice contain one or more seeds.

All fruits consist of a covering containing one or more seeds.

We eat or sow only the seeds and not the coverings of millet, groundnuts, cotton or rice.

Removing the coverings of millet or sorghum is called **threshing**.

Removing the covering of cotton is called **ginning**.

Removing the covering of groundnuts is called **shelling**.

Removing the covering of rice is called **husking**.

Threshing, ginning, shelling or husking can be done by hand in the traditional way or by machine.

For instance, there are ginning mills for cotton.

We shall have more to say on this in the courses on particular crops.

SEEDS AND SOWING

How the seed grows

- A seed consists of:
 - a protective covering which is more or less hard;
 - a store of food;
 - a germ.

• The germ is alive.

The germ takes its food

from the store of food built up in the seed.

The leaves and roots

cannot yet feed the plant; they are still in the seed.



Groundnut seed cut open

The seed needs water.

The germ is a plant. To grow it needs water. The germ of a dry seed cannot grow. When the soil is moist, water enters the seed. Its skin becomes soft and splits. The germ grows.

Sowing must be done in moist soil.

But if there is too much water, seeds die. They rot.

• The seed needs air.

The germ is a plant. It breathes (see Booklet No. 2, page 23).

The seed must find air in the soil.

Before sowing, the soil music be worked

so that air can get into the soil.

The soil must not be packed too hard over the seeds. If the soil is packed too hard,

the germ will lack air and grow badly.

The seed must not be sown too deep.

If it is, it will lack air, and its food reserves will soon be used up. The plant will not be able to come out of the ground.

However, the seed must be sufficiently covered.

Seed that is not sufficiently covered germinates badly. And the birds may eat it.



If seeds are sown at the same depth,

the plants come out of the ground at the same time. They will all be the same size, and you can more easily choose the moment to put down fertilizers, apply pesticides,

and harvest.

Choice of seed

• To get fine healthy plants and good harvests, you must sow good seed.

A child is like its parents. An ailing, small plant produces bad fruits and bad seed.

Bad seed produces bad harvests.

A modern farmer chooses good seed and gets good harvests.

Choosing good seed does not take a lot of work, does not take a lot of money. It only needs care.

• How to choose good seed.

To get a better harvest, you must choose better seed, better varieties.

What is a variety?

For example:

All maize plants are not alike. The height of the plants, the size of the heads of grain, are different. The grains are not all the same colour, or the same shape;

the harvest is not always at the same time.

There are many varieties of maize.

Some varieties give a bigger harvest.

For instance, local cotton yields 150 to 200 kilogrammes per hectare.

Allen cotton can yield 1 000 kilogrammes per hectare. The wild oil palm

yields about 20 kilogrammes of fruit clusters per year. Selected oil palm

can yield 100 kilogrammes of fruit clusters per year.

Some varieties can be harvested earlier.

In northern Cameroon,

gara sorghum grows in 110 to 130 days; shoukouloum sorghum grows in 160 to 170 days.

Some varieties yield a better product.

Cotton fibres may be long or short. Allen cotton has fibres that are longer than Mono cotton.

Some varieties are more resistant to diseases.

Some varieties of groundnuts (varieties 48-37 and 1.041) do not get the disease called rosette.

These varieties are said to be rosette-resistant.

In your home district, what varieties do the extension officers recommend for millet,

sorghum, cotton, groundnuts, rice, tomatoes?

Practical advice

• Buy your seed from the agricultural service.

Grow the best varieties. You will get good harvests.

To buy seed you need money. So as not to waste money, you must prepare your field well, sow at the right time, do the harvesting well.

• You can produce your own seed.

Choose the finest fruits from your finest cocoa trees, from your best field of groundnuts. Take the best grains of maize. The plant's good qualities will be passed on to the new plants.



Take the best grains from the middle of the maize cob

Sort out your seed.

Do not use seed that is too old. The germ is dead,

the seed will not germinate.

Use whole, well shaped seeds. Remove all bad seed,

all small, broken, diseased seed, and seed eaten by insects.

Well sorted seeds will all germinate. You will get a good density (see Booklet No. 1, page 26).

• Disinfect your seed.

Seed can be attacked by insects and diseases.

Protect seeds against insects and diseases.

Mix a pesticide with the seed.

You can buy it from the agricultural service. The agricultural adviser will tell you how much to use.

You must follow his advice.



Storing grain and seed

The farmer puts his harvest in granaries. In this way he keeps his grain and seed for the following year.

Not all granaries are alike.

They may be made of wood or clay or basketwork.

Granaries must not touch the ground.

Then the grain will keep dry.

Animals cannot knock over the granary and eat the grain.



Basketwork granary

Before putting grain in granaries:

• the grain must be well dried.

Grain that is not dry enough may rot. It will not be any good to eat or sow. It is very important to dry grain well.

• the granary must be well cleaned.

Two weeks before harvest, sweep and disinfect the granary. Kill insects with a pesticide.

Ask advice from the agricultural officer; some pesticides are poisonous.



SUGGESTED QUESTION PAPER

FILL IN THE MISSING WORDS

The	are the reproductive organs of the	plant.
The flowers have male organs	called	
and a female organ, called		
These reproductive organs are	e protected by the	
The union of contained in the ovary, produ	from the stamens and of an	·····
A seed consists of a	, some and a	
Like all living things, a seed no	eeds and	
A farmer chooses the best see	ds, the best	
He removes the broken and ea	aten seeds, he th	e seed.
To protect them from insects	and diseases, he th	e seed.

ANSWER THE FOLLOWING QUESTIONS

What is the ovule? What is pollen? How is a fruit formed? Why must seeds be sown at the same depth? What does the germ need to grow? How should seed be stored? Explain to a friend why you use the best seed, the best varieties. Explain how to choose seed. Did the courses on the plant (Nos. 1, 2 and 3) interest you? What part did you find most useful?

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